



UNDERSTAND STRESS, PROTECT OFFICERS

The National Policing Institute is looking for law enforcement agencies dedicated to improving the health, wellness, and performance of their workforce.

We know that organizational stress affects officers' health, safety, wellness, and performance; it contributes to injuries, sick leave, turnover, vehicular crashes, and so much more. We don't know how shift length, overnight hours, work relationships, quality and quantity of sleep, and coping mechanisms contribute to adverse outcomes. If you partner with us, together we can achieve a better understanding of these factors - saving careers, reducing agency costs, keeping officers healthier, and strengthening public safety.

HOW WILL YOUR AGENCY BENEFIT?

- greater understanding of the sources of stress within your workplace
- guidance on how your agency and officers can mitigate stressors;
- a customized brief on the findings of this research and how it could benefit your agency; and
- contributing to officer health, longevity, and success in agencies nationwide.

WHAT DOES YOUR AGENCY HAVE TO DO?

- leadership commitment and assistance to help the project succeed;
- an introduction to the study during roll calls to inform and find volunteers;
- permission for some officers to use health monitoring devices.
- surveys of officers on their own time;
- provide administrative data, such as complaints, use of force, injuries, accidents

Officers who volunteer may be compensated for their participation.

The research team is led by the National Policing Institute (NPI) and the Research Triangle Institute (RTI) and includes psychologists, a criminologist, and a safety and health researcher. NPI is a national leader in research, training, and technical assistance, pursuing excellence in law enforcement through science and innovation.

CONNECT WITH US

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